

# Kirk O' The Valley School - Kinder Pod COVID-19 Policies and Procedures

January 1, 2021

These policies and procedures will be followed to the best of our ability and will continually be updated as we receive new guidance from government agencies.

#### **OVERVIEW**

As we reopen our school, we lead with three goals:

- The health and safety of our children, their families and our staff
- Developmentally appropriate practices
- Communication with our community

The following policies and procedures are designed to help our families and staff understand their new roles along with the school's. While Kirk is taking all the necessary and recommended precautions to maintain the best possible environment and help stop the spread of COVID-19, we do recognize there is no way to remove 100% of the risk of exposure.

We have developed the following policies and procedures in conjunction with the guidelines recommended by the Los Angeles County Department of Public Health, California Department of Education and Cal/OSHA. We ask that all members of our Kirk community, families and staff, be aware that their actions play a critical role in reducing the risk of infectious disease transmission in our school community.

#### ARRIVAL AND DISMISSAL PROCEDURES

- **Passive Screening**. Prior to coming to school in the morning, parents should take their temperature and their child's. If the parent or child's temperature is equal to or greater than 100°F or if the child displays any signs of illness such as:
  - Sore throat
  - Runny nose with discharge
  - o Chills
  - Cough
  - Stomach ache or nausea
  - o Diarrhea

Parents should keep the child home and advise Kirk. If the child is symptomatic, we advise contacting your child's pediatrician and ruling out COVID with a test if the doctor does not give an alternate diagnosis.

- If the child's pediatrician gives an alternate diagnosis or rules out COVID with a test, then the child may return to school when they 72 hours symptom free WITHOUT medication.
- If someone in your house is ill, we ask you to keep your child home for at least 24 hours after that person is symptom free.

- Parents may be asked to drop-off/pick-up their children at staggered times to avoid congestion in the parking lot and at the gates. It is important that you arrive during your scheduled pick-up or drop-off time.
- If you cannot arrive during your scheduled drop-off time, you may be asked to park and wait in your car until a staff member can take your child's temperature and provide a health check screening.
- We will have multiple drop-off areas in the morning to relieve congestion. Some will be set up as a drive thru in the parking lot and/or alleyway and others will be at the school gates. If you are bringing your child to the school gate, we ask that you follow the 6 feet apart rule that will be posted on the ground. Please don't mingle with other parents at the gates or in the parking lots.
- Active Screening. Parents and children are asked to wear a mask upon arrival to school for drop-off and will need to keep it on as we take the child's temperature with a no touch thermometer and do a health check screening. Parents will need to wait until the health screening is finished before leaving the child. Staff will also have their temperature taken each morning and undergo the health check screening. The health check screening will be documented and kept on file. The health check screening will consist of monitoring the child/staff member for any of the following symptoms and asking the following questions:
  - Fever of 100°F or above
  - New cough
  - Diarrhea, Nausea or vomiting
  - Does anyone in their home have/had COVID-19 symptoms?
  - Have they been around anyone who has tested positive for COVID?
  - Have they been out of state in the last 14 days?
  - Have they had visitors from out of state in the last 14 days?
  - Did they attend any gatherings with people outside their household in the last 14 days?
- If the child has any of these symptoms or answers yes to any of these questions, we will ask the parents to take the child home. If they are showing symptoms, they will need to contact their doctor. The doctor will either give an alternate diagnosis or a COVID test should be requested if an alternate diagnosis is not given. If the children has an alternate diagnosis, they may return to school when they are symptom free for 72 hours WITHOUT medication. If the child tests positive for COVID-19, they will need to isolate at home for at least 10 days from the onset of symptoms and until fever free for 24 hours without medication, and improved symptoms. Kirk will follow protocol based on guidance from LA County Dept. of Public Health (LACDPH). Please refer to Appendix A: Decision Pathways for Symptom and Exposure Screening of Children Prior to Entry into an Educational Institution.
- If the family answers yes to any of the questions above then they will need to quarantine for at least 10 days from their return travel date or date of exposure.

### If the student is cleared to enter Kirk:

- Parents will sign in as usual using our EZ Care timeclock system.
- Teachers will walk each child to their classroom with their school bag and have them wash their hands first thing. Parents will be asked to remain at the gate or in their car depending on which drop-off route they choose. We are not permitted to have any other adults on campus other than teachers and staff.

- We recommend having the same adult doing drop-off and pick-up each day and ask that parents do not bring pets to drop-off or pick-up unless you are staying in your car.
- Children will wash their hands before leaving at pickup time and will be accompanied with their mask on by a teacher to their parent. We ask that parents wear a mask at pickup either at the gate or in their car when we bring their child to them. Parents will sign-out their child on our EZ Care system.

## PROTECTIVE EQUIPMENT: FACE COVERINGS/MASK USAGE

- Children are required to have at least two clean face masks at school each day and are required to wear their masks throughout the day except when eating or drinking.
- Masks need to be washed every day after they have been worn
- We understand face masks can be uncomfortable initially, but we ask you to practice putting the
  mask on and taking it off with your children at home, and having them wear it for extended
  periods of time as practice.
- Kirk will provide disposable face masks for any parent, child or staff member who does not have one and needs one to come onto the campus.
- Staff will wear clean face coverings throughout the day and change them as needed.
- For students and staff, we require the washing of cloth face coverings after each use.

### CLASSROOM RECOMMENDATIONS AND REQUIREMENTS

- Current LA County Health Dept. guidelines state children must be placed into small cohorts of no more than 12 children in one classroom. We will have two teachers in each class of 12.
- This may mean dividing the kindergarten classroom into two sections with a floor to ceiling divider made of non-porous material that can be regularly disinfected or opening a second kindergarten cohort in another classroom.
- Children will remain in the same group with the same children and teachers throughout the day. Groups will not mix on the playground nor will we switch children between groups.
- All children and staff will wash hands upon arrival at school using proper handwashing techniques. Proper handwashing techniques will be demonstrated by teachers to the children as well as be reinforced by signs posted in the childrens' bathrooms.
- Children and staff will wash their hands before and after eating, using the restroom, coughing, sneezing, blowing their nose, and playing outdoors.
- Ethyl alcohol-based sanitizer with at least 60% alcohol will be available, if soap and water is not readily available. Children will be supervised when using hand sanitizer.
- Teachers will continually clean and disinfect high touch surfaces such as door knobs, light switches, table surfaces, bathroom sinks and toilets.
- Children from different classrooms will not be using the bathrooms at the same time and the bathroom will be sanitized between the different groups of children.
- Doors and windows in the classrooms will generally be left open to allow for air circulation.
- Every classroom has a portable HEPA filter installed with a UVC light.
- We will implement strategies to model and reinforce physical distancing while still offering a rich learning environment for our children. This will include defining classroom space with carpet squares, floor and table tape, mats or other visuals. We will promote curriculum activities that support physical distancing as much as possible taking into account that children are children and they may interact closer than the 6 feet recommendation. We will model "airplane" arms throughout the day.
- Each child and teacher's desk or table will have a protective barrier around their work area to provide an extra layer of protection. Desks and furniture will be arranged in a way to provide 6 ft of distance between each student and between students and teachers.

- You will notice a rotation of curriculum materials and toys in the classrooms rather than having everything offered each day. This allows for frequent washing and disinfecting of materials and toys.
- You will notice hard to clean items will be removed (dress-up items, plush toys, cushions/pillows)
- We ask that no share toys from home come to school at this time, however if a child needs a lovey to soothe them it can come but must remain in a ziploc bag with their name on it.
- We will utilize our beautiful and expansive outdoor spaces as much as possible for whole group activities. P.E., Music and Art are in person. All other enrichment classes are on Zoom coordinated with the online students.

### SNACKS AND LUNCHES

- Parents will need to provide snacks and lunches each day for their children. We ask every child
  to have two lunch boxes and two water bottles that will be rotated each day to allow time for each
  lunch box and water bottle to be washed and sanitized at home. Please make sure each child
  can open and close the water bottle by themselves.
- All items in the lunch box, except an ice pack, must be disposable. No reusable containers, boxes or bags. (This hurts our eco-friendly hearts as well, but it is a necessary precaution at this time.) Bento box style lunch boxes are fine.
- Drinking fountains will not be used.
- Snacks must come in disposable wrappings/baggies as well. Please be sure to write your child's name on the snack. All lunches and snacks will stay in the child's designated space.
- Please be sure to have your child's lunch boxes and water bottles clearly labeled with their names on the outside.

### CLEANING AND DISINFECTING OF CLASSROOMS, PLAYGROUNDS AND CAMPUS

- Each playgrounds' high touch surfaces and any picnic benches used will be sprayed with an EPA approved disinfectant between each class' use. All playgrounds will be sanitized at the end of the school day using an EPA approved solution.
- As mentioned earlier, high touch surfaces in the classrooms will be cleaned throughout the day including tables, bathrooms, light switches, toys etc. Classrooms will be sprayed and sanitized every evening using an EPA approved solution
- Toys and curriculum materials will be cleaned and disinfected at the end of each day.

### PROCEDURES FOR ILL CHILDREN OR STAFF

- Children or staff who develop a fever, cough, shortness of breath or any other symptoms similar
  to those previously noted in our health check will be immediately isolated from others and sent
  home. Children will wait in a room specifically designated for ill children with a single staff
  member who will remain masked and at a safe distance. The child's parents will be contacted
  and asked to pick up their child within 30 minutes of being notified of the child's illness.
- Children and staff who show these symptoms will need to contact their doctor and either advise
  Kirk of an alternate diagnosis from their doctor or get a COVID test to confirm whether they are
  positive.
- If the child/staff has an alternate diagnosis, they may return to school when they are symptom free for 72 hours WITHOUT medication. If the child/staff tests positive for COVID-19, they will need to isolate at home for at least 10 days from the onset of symptoms and until fever free for 24 hours without medication, and improved symptoms.
- Children and staff will need to have a doctor's note to return to school/work if they have an alternate diagnosis or provide a negative COVID test.

- If a child, a member of their family or a staff member tests positive for COVID-19, they will need
  to immediately notify Kirk and we will notify the public health authority. The public health authority
  will give Kirk guidance on communicating to our school community and the steps we need to take
  to minimize risk for other children and staff. They will also let us know if and how long we may
  need to close and appropriate cleaning measures.
- Any child or staff member who was within 6ft of the positive person for 15 minutes or more or had
  direct contact with a positive person's bodily fluid will be considered a contact and will need to
  isolate at home for a minimum of 10 days from their last contact with the infected person. We will
  ask contacts to get COVID tested 7-8 days after their exposure and advise Kirk of their results
  before returning to school. This will also help us determine the extent of the spread of the virus in
  our school community.
- Kirk will then notify our school community and communicate any information regarding cleaning and or closures.
- If a child or staff member has seasonal allergies or any other condition that mimics symptoms of an illness (runny nose, watery eyes, etc.), we will ask for a doctor's note confirming this condition.

### **HOME/PARENT RESPONSIBILITIES**

- Parents should check their temperature and their child's temperature before leaving for school each morning
- Please notify Kirk if your child develops a temperature outside of school or is feeling unwell. Please keep your child at home if anyone in the household is feeling unwell.
- We encourage parents to have their children wash their hands as soon as they arrive home from school and change out of their school clothes.
- Masks, lunch boxes and water bottles need to be washed after each use.
- We ask parents/families/staff who travel out of state, either by car, train, bus or plane, to advise Kirk. They need to guarantine at home with their family for at least 14 days upon return.

### **SUMMARY**

It is highly unlikely that COVID-19 will go away anytime soon. With that in mind, we must prepare ourselves and our children to live in a world where we do our best to mitigate the risk of COVID-19, while taking into consideration the value and need of children to be in a school setting where learning and social/emotional development can take place. The early elementary years are incredibly important for children upon which to build a strong and secure foundation for their K-12th grade school years.

Everyone understands there is some level of risk involved in all activities, whether it be going to the grocery store, going for a walk, or going to school. While we will have many procedures and precautions in place to mitigate risk, we do not expect children to maintain physical distance from other children in their small group all the time. We expect young children will want to play in close proximity to one another and possibly share items. Children also need and expect physical comforting when they are sad or injured, so there will be times when we cannot and will not be physically distant from our students. To the extent possible, we will keep the same group of children with the same teachers, but occasionally we may have to have another teacher step in if a teacher is out sick or needs a break.

While Kirk will clean, disinfect, and sanitize on a regular basis basis our rooms, playgrounds, and campus, we are not a sterile environment. We will do our best to maintain a COVID-19 free environment, but we cannot guarantee that participating in our program will not lead to a child, family member or staff member contracting the virus.

Reminder that Kirk O' The Valley School will be updating these guidelines with the advice of government agencies and we will implement the strictest recommendations and considerations that they provide while adjusting to meet the unique needs and circumstances of our school. These updated policies will be sent via email to our Kirk community. Families and staff will be responsible for staying up to date with the Kirk O' The Valley School - Preschool & Tot Center COVID-19 Policies and Procedures thereafter.

Please sign the following page and return to school.



## Kirk O' The Valley School - Kinder Pod COVID-19 Policies and Procedures January 1, 2021 Agreement

I/We have read and understand the Kirk O' The Valley School - Kinder Pod COVID-19 Policies and Procedures dated January 1, 2021 and agree to the conditions stated herein.

	(Print Child's Name)	
arent / Guardian 1		
	(Print Name)	
arent / Guardian 1		
	(Signature)	(Date)
arent / Guardian 2		
	(Print Name)	
arent / Guardian 2		
	(Signature)	(Date)
Kirk O' The Valley Sc	hool	
ignature		



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I have read and understand the Kirk O' The Valley School - Kinder Pod COVID-19 Policies and Procedures dated January 1, 2021 and agree to the conditions stated herein.

	(Signature)	(Date)
	(Print Name)	
Staff/Teacher		